

## Focusing on Common Goals

Being part of a community can have a positive effect on your mental health and emotional wellbeing. Community involvement provides a sense of belonging and social connectedness. It can offer extra meaning and purpose to everyday life.

Most residents want the same things for their community. They want to create a safe, happy, and clean neighborhood to live in. Let's focus on common goals and our shared interests. Working together to address community issues, cooperating with each other is more successful than division.

### SKYLINE COMMUNITY YARD SALE

SEPTEMBER 14,2024 8:00 am—1:00 pm \$10.00 fee, cash or check payable to SRWC



Residents interested in participating in the community sale please fill out and return the bottom portion of the flyer into the mail box located on the stairway at space # 143.

If you misplaced your form please contact, Cherrybea Smith at 760-803-5720.

If you would like your space number on the map you MUST contact, Susan Tischler at 253-226-7022 by September 7th.

Volunteers are needed at the gate to hand out maps to direct visitors to homes participating in the yard sale.

See flyer to sign up for a time slot.

The Women's Club will be at the clubhouse holding a Bake Sale. Donations of baked goods are being accepted.

### **EDCO**

Due to Labor Day EDCO will have a 1 Day delay. Collection date will be Wednesday, Sept. 4th

# Labor Day Observation

Skyline Office Closed Monday, September 2nd

# **Open Houses**

Sunday Sept. 8th and Sept. 22nd

12:00 pm-3:00 pm



Skyline Ranch Country Club 18218 Paradise Mountain Rd Valley Center CA 92082 Office Hours Mon.—Fri. 1pm—4pm (760) 749-3233 After Hours (760) 846-3771

Office Emails: peggy.skylineranchcc@gmail.com steve.skylineranchcc@gmail.com

### FOOD INSECURITIES

Management would like to address the discussion of resident's in the park whom may not have enough food. No one should have food insecurities in our community. There are programs you can apply to for assistance. These include, Meals on Wheels, SNAP and North County Food Bank. Naturally people can have a really hard time asking for or accepting help from other people even when they need it. We would like you to know you are not alone and if you need help we can confidentially discuss alternatives to meet your food needs.

If you might have concerns for someone you know, a good lead in to open that discussion might be to try saying something like, "It sounds like you have been having a hard time lately. "Would you like to talk about it?" Try not to push a discussion any further. If they open up instead of what you think they should do, ask if they have considered applying for one of these programs.

With the rising costs of virtually everything, these programs can be helpful. As a senior you do have a justified right to apply for the SNAP program, also known as Calfresh. Keep in mind, owning a home may not keep you from qualifying. Eligibility is usually determined based on income, not assets. Keep in mind no one needs to know you are on the SNAP (Calfresh) program. The funds are on a debit card you use when you check out with your groceries. See if you qualify at, www.getcalfresh.org

Another helpful program is Meals on Wheels. This program brings one or two meals daily to your door! We have a few residents whom have been on this program for quite sometime. If you would like more information call, 760-736-9900 or visit online at, *meals-on-wheels.org* for apply.

Food Bank is another source. They have a senior food program. There are income qualifications you would need to meet. For more information call, 866-350-3663 or you may apply online at: sandiegofoodbank.org/programs/senior-food-program

Remember you are not alone and we can get resources for anyone who would like assistance.

# NATIONAL GOOD NEIGHBOR DAY

Every year on September 28th is National Good Neighbor Day. It's a perfect time to celebrate all the people in your neighborhood!

It's good for people to remind themselves what it means to be a good neighbor by doing something helpful for the people around them.

Perhaps, perform a kind act, bake a treat, visit a lonely neighbor, volunteer to pull weeds or simply let someone know you are there if they ever need someone!

This National Good Neighbor Day, show your neighbors just how much they mean to you!

### SKYLINE METER READS

The hot summer months increase the electricity usage and costs of most of Skyline resident's.

The office staff continues to monitor your monthly meter usage readings. When a reading shows a higher-than-normal usage we may reread your meter to assure the amount used.

Please keep in mind the cost on your monthly statement is your utility usage is from the prior month. Generally August, September and October have the highest usage.



When cooling off at the pool, all pool noodles, goggles, towels, and other pool accessories should be taken back home at the end of your pool visit.

Anything left behind is subject to removal.



Anyone else wonder where the summer went?! Although it passed quickly, the Women's Club enjoyed a little break before we start our 2024-25 year in September. Our new Board met in August for our first planning session, and we are looking forward to another fun and productive year!

As always, one of our primary goals is to increase membership - not just to increase our numbers, but also to get to know our new neighbors and share the fun and fellowship with more in our community. As stated on the flyer that was distributed to everyone, our first meeting will be on Wednesday, September 11th, in the Clubhouse with social time at 9:45 am and the meeting at 10 am. We would love for you to join us! This is the perfect opportunity to come check us out!

Also, our first fundraiser will be a bake sale in the Clubhouse during the Community Yard Sale on Saturday, September 14th . As stated in the flyer that was distributed, we would appreciate your donated baked goods and your continued support!

Since this is the beginning of our new year, annual membership dues of \$20 are now, well, due. We also offer an Auxiliary Membership for \$5 for those who are unable to participate but want to show their support. If you have a question about membership, please contact Leslie

Van Deusen: 760-638-9740 or Cherrybea Smith: 760-803-5720.

We hope to see you on September 11th as we kick off another great year of serving our community!

Pictured clockwise starting at top of table: Cherrybea Smith, President, Patti Cox, Vice President/Program Director; Nancy Sorensen, Co-Hostess/Welcoming Committee; Jo Beth Raabe, Luncheon Director; Anita Wooley, Door Prize Chair; Terry Bradley, 50/50 Chair; Pat Fisher, Treasurer; Phyllis Knight, Publicity Director; Kitty Jones, Chaplain; Sheri Brunkow, Sunshine Chair; Leslie Van Deusen, Membership Director; Barbara Kunsman, Co-Hostess/Welcoming Committee; and Tammy Kelley, Secretary



# Skyline Singers NEW DATE, NEW TIME

The Skyline Singers will return from their summer break on Thursday, September 19.

They meet in the clubhouse ballroom every Thursday, at 4:30
New voices are welcome! If you are new to Skyline, there are no auditions, no dues, and no perfect attendance; just enjoy singing and sharing.

Please join us as we raise our voices in song.
Call Thela at 580-402-2566 with questions.

#### Women's Club

Women's Club starts monthly meetings in September, on the second Wednesday of every month. Join us at the first meeting on Wednesday, September 11th at 10 am in clubhouse. If you would you like more information, call Cherrybea Smith, 760-803-5720 or Pattie Cox, 760-822-8531

# Bunko NEW MEETING DAY

Bunko will now meet on the 4th Wednesday of each month.

September 25th 6:00 pm—8:00 pm

For more information contact, Azelea King, (760) 877-1732

Connie Zucker, (760) 390-7090 or Valerie Simons (760) 638-1593



### SCGA GOLF

Susan Tischler (253) 226-7022

#### **MEN'S GOLF**

Sept. 10th

Annual Tournament Rancho Monserate Men's Golf Club Hosted at Skyline Sept. 18th, 20th & 21st Men's Club

Championship

Chris Fisher (619) 972-4778 Joe Walter (760) 705-6058

### **WOMEN'S GOLF**

Sept. 24th ` 10 am Women's Golf travel to Rancho Monserate

Chris Craven (928) 303-8041

# 2024 SEPTEMBER

_							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Twilight Golf 4:00 pm	Golf Course Open  LABOR DAY OFFICE CLOSED	Golf Course Closed Poker 6:30 pm	Water Exercises 9:30 am Main Pool	Women's Golf 8:30 am Men's Bible 10:30 am	Line Dancing 4-5 pm / BR	Men's Golf 8:30 am
8	Twilight Golf 4:00 pm Open House OPEN HOUSE 12-3pm	Golf Course Closed  Women's Bible Study 10-11:30 am Garden Club 4 pm Canasta 5 pm  Meter Reads	Men's Golf Monserate Golf Tournament  Poker 6:30 pm  Meter Reads	Water Exercises 9:30 am Main Pool Women's Club 9:45 am	Women's Golf 8:30 am Men's Bible 10:30 am BINGO 6 pm	Line Dancing 4-5 pm / BR	Men's Golf 8:30 am  Community Yard Sale
15	Twilight Golf 4:00 pm	Golf Course Closed  Women's Bible Study 10-11:30 am Garden Club 4 pm Canasta 5 pm	SCGA Golf 8:30 am Poker 6:30 pm	Water Exercises 9:30 am Main Pool  Women's Club Board Meeting 9:30-11 am	Women's Golf 8:30 am Men's Bible 10:30 am	Line Dancing 4-5 pm / BR POTLUCK BBQ 5:30	Men's Golf 8:30 am
22	Twilight Golf 4:00 pm  Open House  OPEN HOUSE 12-3pm	Golf Course Closed  Women's Bible Study 10-11:30 am Garden Club 4 pm Canasta 5 pm	SCGA Golf 8:30 am Poker 6:30 pm Women's Golf At Monserate Golf Tournament	Water Exercises 9:30 am Main Pool  Ladies Bunco 6-8 pm Small Dining Room	Women's Golf 8:30 am Men's Bible 10:30 am	Line Dancing 4-5 pm / BR  Statements @ Fitness Center	Men's Golf 8:30 am
29	Twilight Golf 4:00 pm	Golf Course Closed  Women's Bible Study 10-11:30 am Garden Club 4 pm Canasta 5 pm					